

THEORY TEST FOR 10TH KUP STUDENTS

- 1) What Martial Art are you learning? _____
- 2) Who founded Tae Kwon-Do? _____ Dan
- 3) Who is the Chief Examiner in the FTA? _____ Dan
- 4) What does F.T.A. stand for? _____
- 5) Who is your Instructor? _____ Dan
- 6) What is your grade? _____
- 7) What are the five Tenets of Tae Kwon-Do?
 - a). _____
 - b). _____
 - c). _____
 - d). _____
 - e). _____
- 8) What does 'Kwon' stand for? _____
- 9) Name the stances you know.

	<u>Korean</u>	<u>English</u>
a).	_____	_____
b).	_____	_____
c).	_____	_____
d).	_____	_____
- 10) Describe briefly an 'Annun' sogi. _____
- 11) Name in Korean the following:
 - a) Forefist _____
 - b) Outer Forearm _____
 - c) Inner Forearm _____
 - d) Knifehand _____
 - e) High Section _____
 - f) Middle section _____
 - g) Low Section _____
- 12) Describe a 'Bandaе Jirugi': _____
- 13) Why do you wear a 'White' belt first instead of any other colour?

- 14) Why are you learning Tae Kwon-Do? _____