

THEORY TEST FOR 3RD KUP STUDENTS

1) Name three types of fingertip thrust.

Korean

English

_____	_____
_____	_____
_____	_____

2) Who was Toi Gye ? _____

3) What is Neo-Confucianism? _____

4) Which is the odd one out ?

- Son Badak Miro Makgi.
- Son Badak Golcho Makgi.
- Son Badak Ollyo Makgi.

5) _____ is the only technique to use impact force.

6) Name two types of elbow strikes:

Korean

English

_____	_____
_____	_____

7) When was the ITF formed? _____

8) What does the ITF School Plaque symbolise? _____

9) When was Tae kwon-Do introduced to the U.K? _____

10) Who introduced Tae kwon-Do to the U.K.? _____