

**THEORY TEST FOR 7TH KUP STUDENTS**

- 1) What is the pattern you have learnt? \_\_\_\_\_
- 2) How many movements does it have? \_\_\_\_\_
- 3) What is the meaning of the pattern you have learnt? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- 4) What is the purpose of the first part of the 7th movement? \_\_\_\_\_  
\_\_\_\_\_
- 5) What is the significance of the number '24'?
- (a) With regard to Tae Kwon-Do in general? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- (b) With reference to the pattern you have just learnt? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- 6) Name the parts of the hand you know:
- |    | <u>Korean</u> | <u>English</u> |
|----|---------------|----------------|
| a) | _____         | _____          |
| b) | _____         | _____          |
| c) | _____         | _____          |
| d) | _____         | _____          |
- 7) Which part of the foot would you use in the following techniques ?
- |                  | <u>Korean</u> | <u>English</u> |
|------------------|---------------|----------------|
| a) Yopcha Jirugi | _____         | _____          |
| b) Dollyo Chagi  | _____         | _____          |
| c) Apcha Busigi  | _____         | _____          |
- 8) Where are the focus points for the following attacks?
- a) Kaunde Yopcha Jirugi \_\_\_\_\_
- b) Najunde Apcha Busigi \_\_\_\_\_
- c) Dung Joomuk Nopunde Taerigi \_\_\_\_\_
- 9) In Tae Kwon-Do, what does the colour 'Green' signify? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_